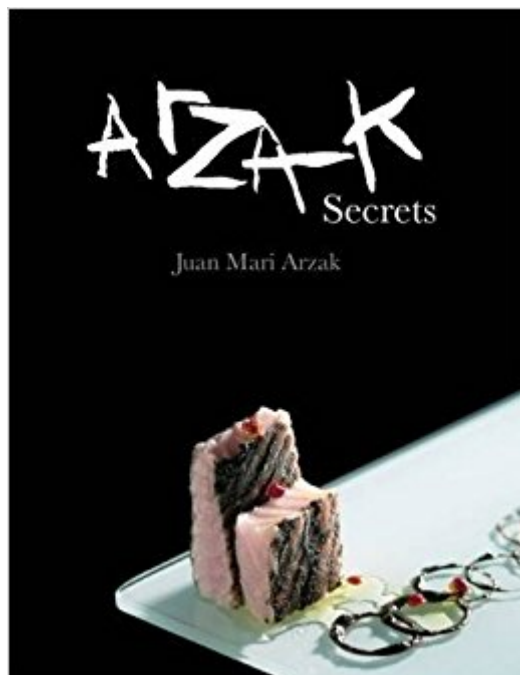


The book was found

Arzak Secrets



Synopsis

NAMED BEST BOOK ABOUT FOOD 2015 BY BOOKSABOUTFOOD.COM Juan Mari Arzak is the owner and chef of Arzak restaurant in San Sebastian, Spain, and was one of the first Spanish chefs to be awarded 3 Michelin stars. The restaurant is now rated 8th best in the world, and Juan's daughter Elena, who cooks with him, was voted best female chef in the world in 2012. They both studied with the great chefs of their day – Juan in France with Paul Bocuse and the Troisgros brothers; Elena with Alain Ducasse, Ferran Adrià and Pierre Gagnaire. "What we eat, how we eat, is in our culture," says Elena, "our signature cuisine is Basque. Our taste is from here. We were born here. We cook unconsciously with this identity." Thus Arzak is considered to be one of the most influential masters of the New Basque cuisine, which has continued to have a major influence on international cuisine, particularly on such world renowned chefs as Ferran Adrià, who took the techniques pioneered by Arzak to new heights. Originally published in Spanish and now available in English for the first time Arzak Secrets is THE behind the scenes recipe and technique book from the world famed restaurant. Gorgeously photographed, this volume is a glimpse at some of the secrets behind the dishes that have made the restaurant and chef famous. Arzak's kitchen is a laboratory for flavors, aromas and textures, and his dishes and techniques are revealed in this fascinating cookbook, which is not only for professionals looking for inspiration but for any dedicated cook committed to understanding the creative development and innovations behind this exceptional food.

Book Information

Hardcover: 278 pages

Publisher: Grub Street Cookery; y First edition edition (December 19, 2015)

Language: English

ISBN-10: 1910690082

ISBN-13: 978-1910690086

Product Dimensions: 9 x 1.2 x 11.1 inches

Shipping Weight: 3.4 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 7 customer reviews

Best Sellers Rank: #55,479 in Books (See Top 100 in Books) #6 in Books > Cookbooks, Food & Wine > Regional & International > European > Spanish #41 in Books > Cookbooks, Food & Wine > Professional Cooking #143 in Books > Cookbooks, Food & Wine > Celebrities & TV Shows

Customer Reviews

Foie gras totem with love-in-a-mist is now at your fingertips. Arzak's *Basque Cooking* is a science-geeky tome on the modernist Basque cooking he pioneered at his legendary San Sebasti n restaurant is finally available in English. Weekend project, check (The Tasting Table)*Best Books About Cooking 2015* Originally published in Spanish and now available in English for the first time Arzak Secrets is THE behind the scenes recipe and technique book from the world famed restaurant. Gorgeously photographed, this volume is a glimpse at some of the secrets behind the dishes that have made the restaurant and chef famous. (Books About Food)

Good baseline of formats and ideas to stimulate the culinary mind. From arguably the best restaurant in the world.

Just as described. Awesome. Loved it!

very nice cook book

Great photos!

Love the book

Chef Juan Arzak in this unique and enticing cookbook reveals his secrets, REALLY secrets, which he uses in his kitchen and the recipes and techniques that have made his restaurant one of the best and most highly acclaimed in the world! It used to be the habits of cooks and chefs to keep their unique dishes secret so only they could claim the prize. However, Juan, who has owned his Arzak restaurant in the Basque country of Europe since 1970, studied with famous French chefs and has developed his own unique recipes and blends of what to some in America will seem unusual foods. But this book and his restaurant feature New Basque Cuisine, which is gaining world favoritism. Juan's daughter Elena was declared the best female chef in the world in 2012 . This cookbook is a must for chefs the world over and for those daring people who love to cook or to read cook books. It is fascinating and also the photos are beautiful enough to make this your unique coffee table book! EXCELLLENT and PRIZED!

My expectation was more!

[Download to continue reading...](#)

Arzak Secrets The Ultimate Secrets Handbook: Top 100 Minecraft Secrets (Unofficial Minecraft Guide with Tips, Tricks, Hints and Secrets, Guide for Kids, Master Handbook, Book for Kids, Updated Edition) Secrets Handbook: Top 100 Ultimate Minecraft Secrets: (Unofficial Minecraft Guide with Tips, Tricks, Hints and Secrets, Guide for Kids, Master Handbook, Book for Kids, Updated Edition) National Geographic Secrets of the National Parks: The Experts' Guide to the Best Experiences Beyond the Tourist Trail (National Geographics Secrets of the National Parks) [Pastel Pointers: Top Secrets for Beautiful Pastel Paintings [With DVD][PASTEL POINTERS: TOP SECRETS FOR BEAUTIFUL PASTEL PAINTINGS [WITH DVD]] By McKinley, Richard (Author)Dec-10-2010 Paperback Anti Aging Essentials, Secrets and Tips: Your Midlife Encyclopedia, Improve Diet, Exercise, Skin (Look and Feel Younger, (Anti Aging Secrets, Anti Aging Diet) Clarinet Secrets: 100 Performance Strategies for the Advanced Clarinetist (Music Secrets for the Advanced Musician) Ultimate Minecraft Secrets: An Unofficial Guide to Minecraft Secrets, Tips, Tricks, and Hints That You May Not Know (Ultimate Minecraft Guide Books Book 1) Dance Secrets Presents Salsa Bootcamp - Insider Secrets to Salsa Dance Legend Of Zelda: Breath Of The Wild Ultimate Un-Official Secrets Tips and Strategies, Premium Secrets for your favourite game by Ultimate Player: An ... Fantasy World The Legend Of Zelda Book 2) The Secrets of Giron Arnis Escrima (Secrets of the Martial Arts) Resume Magic, 4th Ed: Trade Secrets of a Professional Resume Writer (Resume Magic: Trade Secrets of a Professional Resume Writer) Secrets of Power Negotiating, 15th Anniversary Edition: Inside Secrets from a Master Negotiator Successful Business Plan: Secrets & Strategies (Successful Business Plan Secrets and Strategies) Facebook Party Secrets of a Million Dollar Party Girl (Direct Sales Success Secrets 2) Facebook Party Secrets of a Million Dollar Party Girl (Direct Sales Success Secrets) (Volume 2) Disney Descendants: School of Secrets: CJAçâ -â,,çs Treasure Chase: The School of Secrets, Book 1 Fiverr Secrets: Money Making Gig Selling Secrets (Fiverr.com Books, Make Money With Fiverr Gigs, Ideas, Tips, SEO Book 2) Harry Potter et la Chambre des Secrets / French audio (8 CD's) edition of Harry Potter and the Chamber of Secrets (French Edition) Harry Potter et la Chambre des Secrets (French Audio CD (8 Compact Discs) Edition of "Harry Potter and the Chamber of Secrets")

[Contact Us](#)

[DMCA](#)

[Privacy](#)

